

Academi Adra Course



Following the success of the first Academi Adra course in August this year, we are pleased to offer you the opportunity to register for our next course which will be held at the end of **January 2022**.

We have again worked with Grŵp Llandrillo Menai and Procure Plus on designing a course that will prepare you for a career in construction or maintenance. The course combines accredited courses and work experience with Adra or one of our contractors.

| WEEK 1 | MONDAY 31/01/22 | TUESDAY 01/02/22 | WEDNESDAY 02/02/22 | THURSDAY 03/02/22 | FRIDAY 04/02/22 |
|------------------------------|------------------------------|----------------------------------|---------------------------------------|----------------------|--------------------|
| AM | Health and Safety Awareness | Safe use of hand and power tools | Manual Handling | Cut off saw | Fire Safety |
| PM | | Environmental Awareness | Awareness of working safely at height | Asbestos awareness | CSCS test exercise |
| WEEK 2 07/02/22- 11/02/22 | WORK EXPERIENCE ON ADRA SITE | | | | |

Up to **12 people** can take advantage of this opportunity. The course will be **FREE**, and the only requirements are that you are:

- over 16 years of age
- not already working in construction
- willing to commit to travel to attend the Bangor training and work experience on our sites. We will try to arrange a work experience placement as close to home as is reasonably practicable.

There was a lot of interest in the last course, so please get in touch as soon as possible if you would like to secure your place on the course.

Dylan Owen, 18, from Bontnewydd was a participant on the last course. Dylan went on work experience on an Adra construction site with our contractor, G H James. Over the course of his work experience, G H James were impressed with Dylan and as a result Dylan was offered employment with a 45 hour a week contract at their Caernarfon site. Congratulations Dylan!



Chelsey Florence on a day with Academi Adra

For more information and to register your interest, contact Charlotte Hogan at the Community Involvement Team on **0300 123 8084** or cymunedol@adra.co.uk before **Friday 14 January, 2021** please. Go for it and get in touch!